



## Curriculum Vitae Europass

### Personal informations

Name / Surname **MARIA RUGGIERI**  
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E-mail maria.ruggieri@aslbi.piemonte.it  
Citizenship Italian  
Date of birth 11\12\1965  
Sex Female

Occupation/Profession **From 01 March 2021 - ACTING DIRECTOR OF WORKPLACE PREVENTION AND SAFETY SERVICE OF THE PREVENTION DEPARTMENT OF THE LOCAL HEALTH AUTHORITY OF BIELLA (ASLBI)**

### Professional experience

#### Date and roles covered

- **1 Oct 2008 -28 feb 2021:** HEAD OF THE ASLBI OCCUPATIONAL MEDICINE SERVICE of ASLBI di Biella (Piedmont)
- **Mar 2003:** Authorized Doctors for Radiation Protection;
- **16 jul 2001-30 sept 2008:** hospital doctor in occupational medicine/"Competent doctor" in ASLBI (Biella)
- **1 oct 1999 -15 jul 2001 :** hospital doctor in occupational medicine-competent doctor in ASLVC (Vercelli)

**Main activities and responsibilities**

Workers's Health Surveillance activities in accordance with Italian legislation. Information and training of workers. Inspections in the workplace. Collaboration in the assessment of specific risks to employers. Health surveillance of workers exposed to ionizing radiation. Prevention of work discomfort and management of related stress risks. Participation in Commissions medico-legal for civil invalidity and exemptions from service and for the visits requested by companies according to the Italian workers' statute.

**Education and training**

- **1989/1990** Partecipation to Erasmus Program in University of Saarbrucken (Germany)
- **Nov/1991** : Degree in Medicine and Surgery with a grade of 110/110 at the University of Bari, discussing the thesis relating "Adducts to the DNA for the biological monitoring of ILVA workers";
- **Ott/1995** : Diploma of specialization in Occupational Medicine directed by Prof. Vito Foà, with a score of 50/50 and honors at the University of Bari;
- **1996/1997**: Postgraduate course in Radiation Protection in at the University of Bari, Medical university faculty;  
**1996 to 1999**: Competent doctor of the State Railways from for the territorial office of Bari / Potenza;
- **1999**: qualified in the INAIL public competition;
- **2003**: passed the exam at the Ministry of Labor in Rome and enrolled in the Register of Authorized Doctors for radiation protection;
- **2005**: Postgraduate course at the Catholic University of Rome in "Corporate psychiatry and mobing";
- **2009**: establishes a "**listening desk**" at the Occupational Medicine Service for the assessment and prevention of work-related stress disorders and psychosocial risk;
- **2003-2020**: competent doctor for Schools, Municipality, Prefecture, Prosecutor and Court of Biella and a large textile company;

**Personal skills and competence**

Motivation to carry out risk assessment activities, manage and implement preventive measures in the workplace finalized prevention of occupational diseases and accidents at work and health promotion.  
2016-2020 lecturer at the University of Turin for laboratories of Occupational Medicine Degree Course in Occupational Psychology.

**Native language**

**Italian**

**Other Language**

**German and English**

**Self evaluation European level**

understanding		spoken		written
Listen	Reading	Oral interaction	Oral production	
enough	good	enough	enough	discreet

<b>Social skills and competences</b>	Ability to dialogue and listen with readiness for problem solving. 2002-2020 volunteer for the Telefono Azzurro Onlus - Association for the defense of children and adolescents. Member of Associazione Far Pensare dr Lomonaco (for frail subjects with mental or oncological discomfort). Since 2023 Member of AIDM (Italian Association of Femal Doctor)
<b>Organizational skills</b>	Ability to plan and implement one's own work activities and those of the workers independently or in group work. Application of company organizational procedures and achievement of the proposed objectives
<b>Technical skills and competences</b>	Clinical and instrumental activities (audiometries, spirometries, ecg, prick test, ergovision, test of bronchial provocations specific, etc) for the diagnosis of occupational diseases.,
<b>Teaching and Further information</b>	<p>Registered with the following associations:</p> <ul style="list-style-type: none"> <li>• Società Italiana Medicina del lavoro (Simlii) e since 2014 member of Direttivo APAMIL (sezione territoriale SIML Piemonte e Val D'Aosta);</li> <li>• Associazione Italiana Radioprotezione medica (AIRM);</li> <li>• Società Italiana di Dermatologia e Allergologia Professionale (SiDAPA)</li> <li>• Associazione Italiana Donne Medico (AIDM)</li> </ul> <ul style="list-style-type: none"> <li>• RAPPORTEUR (non-exhaustive)</li> <li>• Biella inter-association table for safety and hygiene at work "Gender differences, Protection of health and safety at work" at the Biellese Industrial Union on 24/10/2017 - Title: occupational medicine in a perspective of type.</li> <li>• ANMA -APAMIL- SIMLII inter-association conference "the taking of psychotropic substances and tasks at risk - the role of the MC between regulatory compliance and professional ethics" at Hotel Tulip INN in Rivoli (to) on 24 October 2015 - title: EXPERIENCE IN THE HEALTHCARE FIELD.</li> <li>• 3rd NATIONAL Conference - SIDAPA at the Sheraton Hotel in Bari on 23 October 2004 at 6.15 pm entitled "DAC IN NYLON YARN FINISHING WORKER".</li> <li>• 2016 participated in the European Project for the Promotion of Health in the ASLBI Lead Health Trusts in collaboration with UPOs and European Universities and Hospitals.</li> <li>•</li> </ul>

**PUBLICATIONS (non-exhaustive):**

- 1- J. BUCHET, D.LISON, M. RUGGERI, V. FOA, G. ELIA AND S. MAUGERI – Assessment of exposure to inorganic arsenic, a human carcinogen, due to the consumption of seafood. Archives of toxicology vol 70, n.11, 773-778 - 1996

- 2- G. ASSENNATO, GM. FERRI, A. PORRO, L. MACINAGROSSA , M RUGGIERI- tumori dell'apparato emolinfopoietico in agricoltura: uno studio caso-controllo in un area epidemiologica del sud barese. G Ital Med Lav 1995; 17(1-6):91-97
- 3- F. FERRARIS, F. ZANIERATO, M. RUGGIERI, A.MARCIANDI, V.GIOVENALI, E.CAPELLARO. Studio di prevalenza sulla sensibilizzazione a lattice in operatori sanitari esposti. G ital Med Lav ed erg, vol XXV-n.3/suppl luglio/sett 2003;
- 4- F. FERRARIS, M. RUGGIERI, A.MARCIANDI,G.SMECCA - Valutazione del rischio chimico in una azienda tessile laniera piemontese - G ital di Med Lav ed erg, vol XXVI-n.1 gen/mar 2004;
- 5- M. RUGGIERI, M. TERZI, R. TERZI – intervento di bonifica ambientale in un reparto tessile di incorsatura: esempio di riduzione dell'indice di rischio da Movimentazione manuale di carichi. G ital di Med Lav ed erg, vol XXX supp 2 al n 3 Lug-set 2008;
- 6- M. RUGGIERI, M. TERZI, R. TERZI – 2009 – Attività della rete aziendale e interaziendale finalizzata al recupero e riabilitazione lavorativa di operatore alcolista addetto a mansione a rischio (case report) -
- 7- M. RUGGIERI, F. MENEGON, A. RISPOLI, A. BARATTI, D. CONVERSO, V. ALASTRA, MA.TODARO, S. VIOTTI, B. MOTTURA- Osservatorio sul benessere organizzativo nelle strutture sanitarie pubbliche piemontesi: formazione-intervento ed individuazione di indicatori. G ital Med Lav ed erg, vol XXXIII suppl 2 al n .3; luglio/sett 2011; (Atti 74° Congresso Nazionale SIMLII – Torino) ST 35
- 8- A. RISPOLI, I. GROSSI, C. PEONA, M. TERZI, A. MARCIANDI, M. RUGGIERI – 2011- Prevenzione del rischio psico-sociale e riabilitazione dei lavoratori: attività della sportello d'ascolto in una azienda sanitaria locale piemontese. – G ital Med Lav ed erg, vol XXXIII suppl 2 al n .3; luglio/sett 2011; (Atti 74° Congresso Nazionale SIMLII – Torino) ST 16
- 9- P.TEMPIA, A.RISPOLI, M.T. GUIDO, E.LAZZARETTO, G.GENTA, MR MOSCA, S CASALONE, M RUGGIERI- 2011- Different Slim Project- support and empowerment group for women already affected by organic chronic pathologies. Abstracts EACLPP- Interventions in Consultation-Liason Psychiatry and Pscosomatic Medicine - Budapest (Hungary)
- 10- M. RUGGIERI, M. TERZI, P. TEMPIA , A. RISPOLI – ATTIVITA' DI PROMOZIONE DELLA SALUTE IN UNA ASL PIEMONTESE. 2018- Atti 81 Congresso Nazionale SIMLII – BARI

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**Firma**